VISUAL SKILLS TRAINING
With Dr. Arnold Sherman

Train Your Visual Skill To Improve Your Performance

Dr. Arnold Sherman specializes in diagnosing and improving the specific vision skills necessary for optimal sports performance. Dr. Sherman's approach and designed exercises improve the clinical qualities of your vision in ways that raise your level of play. He has worked with thousands of athletes in all sports and was awarded Outstanding Sports Vision Optometrist for his work. Currently Dr. Sherman is a consultant to Major League Baseball's Scouting Unit, providing MLB scouts with an in-depth look at the playing skills of the nation's best high school baseball players.

Visual Skills Evaluation & Exercises:
- Visual Acuity
- Dynamic Visual Acuity
- Focus Speed From Far To Near
- Oculomotor Skills
- Eye-Hand Coordination
- Proaction, Reaction, Reaction Adjustability
- Fusion Flexibility at 20 Feet & Three Feet
- Depth Perception at 32 Inches
- Speed & Span of Perception

There's More To Vision Than 20/20 Eyesight. Call Today!

Dr. Arnold Sherman, O.D., F.A.A.O., F.C.O.V.D.
227 Merrick Avenue, Merrick, New York 11566
Call 516-868-2266 or visit www.optometrists.org/ArnoldSherman